



# Queensland Touch Football Events

## Concussion Assessment & Management

STEP 1

### Athlete with suspected concussion

Direct head blow or knock

Indirect injury to head e.g. whiplash

No specific injury observed

Stay calm, go over and assess situation

Field staff to call for medical assistance via radio (Channel 2).  
Advise location i.e. field number, team and nature of injury.

STEP 2

### On-field assessment

#### Checking for observable signs of concussion

Lying motionless on the playing surface  
Balance and/or gait difficulties  
Motor incoordination: stumbling, slow laboured movements  
Disorientation or confusion, or inability to respond appropriately to questions  
Blank or vacant look  
Facial injury after head trauma

#### Take note of RED FLAGS

Neck pain or tiredness  
Double vision  
Weakness or tingling/burning in arms or legs  
Severe or increasing headache  
Seizure or convulsion  
Loss of consciousness  
Deteriorating conscious state  
Vomiting  
Increasingly restless, agitated or combative

Injured player transported to QTF medical tent or via ambulance to hospital if trained medical professionals are unavailable or RED FLAGS present

STEP 3

### Off-field assessment

#### QTF medical team to undertake in clinical setting

1. Take comprehensive history of the player's condition
2. Symptom evaluation
3. Conduct a cognitive screen - SCAT6
4. Complete TFA Injury Form

STEP 4

### Outcome of assessment

#### Advise athlete/parent of SCAT6 outcome

- Advise if return to play is allowed or not
- If not, complete Concussion Referral & Return Form: SECTION 1 – DETAILS OF INJURED PERSON in QTF Concussion Book, Athlete/Parent to complete CONSENT)
- Provide the duplicate copy to the athlete/parent
- Provide a copy of the [TFA Concussion Policy](#), outlining recovery phase and return to play protocols
- Explain Return to Play requirement as detailed in Section 3 – CLEARANCE APPROVAL

**NB: QTF will not approve return to ANY TFA affiliated competition prior to the minimum RTP requirements being met**

#### Record Keeping

- Paperwork to be provided to Tournament Control (Concussion Officer)
- Concussion Officer update player availability in MySideline, including RTP date
- Concussion Officer to diarise reminders to follow up after the event